

## From 'Time Flies'

by Christina Rossetti (1885)

Is any grieved or tired? Yea, by God's Will:

Surely God's Will alone is good and best:

O weary man, in weariness take rest,

O hungry man, by hunger feast thy fill.

Discern thy good beneath a mask of ill,

Or build of loneliness thy secret nest:

At noon take heart, being mindful of the west,

At night wake hope, for dawn advances still.

At night wake hope. Poor soul, in such sore need

Of wakening and of girding up anew,

Hast thou that hope which fainting doth pursue?

No saint but hath pursued and hath been

faint;

Bid love wake hope, for both thy steps shall speed,

Still faint yet still pursuing, O thou saint.



## Lent in Chingford Parish

✠ at SS Peter and Paul, ✠ at All Saints' (Old Church)

### Wednesday 14 February, Ash Wednesday

10.00 am Holy Communion and Imposition of Ashes ✠

8.00 pm Sung Eucharist and Imposition of Ashes ✠

### Thursdays at the Rectory, 2 The Green Walk

7.30 pm **Living Differently: A Beginner's Guide to the Kingdom of Heaven**

22 February **Living Well**

*Teaching from the Mountain*

29 February **Living Openly**

*The Poor and the Mournful*

7 March **Living Purposefully**

*The Hungry and Thirsty*

14 March **Living Lovingly**

*Mercy and Purity*

21 March **Living Differently**

*Peace and Persecution*

### Saturdays at the Rectory, 2 The Green Walk

4.00 pm **Seeing and Believing: Lenten Themes in the Movies**

17 February **Jésus de Montréal (18)**

24 February **The Mission (12)**

2 March **The Apostle (12)**

9 March **Calvary (15)**

16 March **Groundhog Day (PG)**

*Please note, these films contain adult themes and are not suitable for children.*

### Saturdays, 17 February – 23 March

10.30 am The Stations of the Cross (An active meditation for Lent) ✠

(2 March at ✠)

# *A Holy Lent*

From the invitation to the season, *Common Worship*, 2000:

**B**rothers and sisters in Christ: since early days Christians have observed with great devotion the time of our Lord's passion and resurrection and prepared for this by a season of penitence and fasting.

**B**y carefully keeping these days, Christians take to heart the call to repentance and the assurance of forgiveness proclaimed in the gospel, and so grow in faith and in devotion to our Lord.

**I**nvoke you, therefore, in the name of the Church, to the observance of a holy Lent, by self-examination and repentance; by prayer, fasting, and self-denial; and by reading and meditating on God's holy word.



JUSTIN ANTHONY  
Rector, Chingford Parish



*We wish  
you all  
a  
holy  
and  
blessed  
Lent*

THE PARISH OF CHINGFORD  
SS PETER AND PAUL WITH ALL SAINTS'



**Lent in  
Chingford Parish**

**2024**

*The Rector and Churchwardens  
of Chingford Parish*

*The Parish Office  
SS Peter and Paul Church  
The Green  
Chingford*

*office@parishofchingford.org.uk*